

Debra Lowder is the Executive Director of the American Heart Association of the Triangle and Eastern North Carolina. For 19 years, she has championed the Association's mission in a variety of roles in Georgia, Florida and her home state of North Carolina. She is a graduate of UNC-Chapel Hill and a 2016 Goodmon Fellow of Leadership Triangle. She believes, along with the Association, that every person deserves the opportunity for a full, healthy life. As champions for health equity, by 2024, the American Heart Association will advance cardiovascular health for all, including identifying and removing barriers to health care access and quality. She is excited to be part of the discussion today.